



Academic Year 2020/2021

Dear Parent/Guardian

## FOOD & NUTRITION DEPARTMENT CHARGES FOR FOOD PRACTICAL LESSONS

### KS3 Students - Food Lessons in Rotation Group Blocks

As part of your child's education at Westfield Academy they will study Food Preparation & Nutrition as part of a rotational system with our Design Technology department. They will have at least 5-6 double (2 hour) lessons of Food at some point over the year. For many years parents have provided ingredients for their child to cook a variety of dishes and this will remain the case. These dishes develop their skills and nutritional knowledge about food. We work very hard to design a range of dishes which cover these criteria and also can be made at home in the future. We are preparing the students with skills for life.

If there is ever an issue with the recipe your child has been provided with e.g. family allergies, please do not hesitate to contact us in advance of the lesson so that we may discuss alternatives and your child does not miss out.

To simplify the process, we are proposing to supply parents with a list of all ingredients needed for the full term at the beginning of the termly rotation. All individual recipes are posted on google classroom well in advance of the lesson.

### Changes

Due to new COVID guidelines, we can no longer provide an apron for your child to wear whilst cooking. Please could your child **bring their own clean apron** to practical lessons and take it home afterwards.

### Voluntary Contribution

This year we are asking that you make a small voluntary contribution of £2.00, to help us provide the little things that we give out to your child when cooking. Items such as tin foil, greaseproof paper, cooking oil, seasonings, herbs and spices and other small items that we can provide to save you buying them individually. We do have occasions where we provide all the ingredients for a key skill/recipe such as bread rolls and pasta. As well as food tasting to expand our children's culinary experiences. We even give out the odd spare egg after accidents and other essentials when things go wrong! This really helps us to support your child and extend our capability to provide everything they need. You can make this payment via SCOPAY the schools online payment system. If you do not have an account please contact the Finance Office for further details.

Under the Education Reform Act 1988, this is a voluntary contribution. We do not expect families in receipt of family credit or income support to make financial contributions and parents in receipt of those benefits or who feel they would otherwise be subject to financial hardship, are encouraged to contact us. Any information received will, of course, be treated in strict confidence.

Thank you in advance for your cooperation and should you have any questions, problems or queries, please do not hesitate to contact us.

Yours faithfully

*Deborah Prigg*

**Mrs D Prigg**



Stiby Road, Yeovil, Somerset, BA21 3EP

Telephone: 01935 423747 Fax: 01935 411340 Email: [office@westfieldacademy.co.uk](mailto:office@westfieldacademy.co.uk)

Westfield Academy Trust is the trading name of Westfield Academy. Registered in England and Wales No: 7664348. Registered Office: Stiby Road, Yeovil, Somerset, BA21 3EP

**Subject Leader, Food Preparation and Nutrition**