

5 September 2019

Dear Parent/Guardian

RE: Westfield Academy Physical Education Full Participation Policy and Kit Policy

Nationally there is a recognition of the importance of physical education and regular physical activity for students in schools.

As a result of a review of the current policy, the PE department at Westfield Academy will be introducing a new policy with regards to having correct kit and bringing in notes that excuse students from taking part in the lesson.

We have decided to adopt a **Full Participation** policy which will come into effect at the start of the academic year 2019/20. This policy is designed to ensure there is full participation within PE lessons at Westfield Academy and to reinforce that there are many different roles within physical education, not just being a performer. We want to ensure all students are involved within the lesson and are learning regardless of injury or reasons that may prevent them from participating on a physical level.

This policy is designed to ensure that students have the best chance of progressing and learning throughout the lesson. The new **Full Participation** policy is as follows:

Full Participation Policy

In PE lesson all students must be in correct Westfield Academy PE kit even if they are not able to complete all physical aspects of the lesson. The PE kit is as follows:

- Westfield Academy royal blue and white PE short sleeve polo top (with logo)
- Westfield Academy royal blue and white PE rugby style top (with logo)
- Plain black shorts (2 pairs suggested)
- Westfield Academy royal blue and white games socks
- Trainers (suitable for 3G pitch, not flat soled)
- Football studded boots (when needed)
- Shin pads (when needed)















All students must get changed at the start of the lesson into their correct PE kit. Having a note will alert staff to the fact that students may not be able to participate in the physical aspects of the lesson but will not be seen as a reason not to change. All students will be in PE kit and partake in the lesson in some way. If the student is unable to partake in the physical aspect of PE due to injury they will still be involved in some other way such as coaching, analysing or officiating etc which is appropriate to their individual circumstances. Students will not be forced to participate in physical activities if they have a note.

In cases where changing is not physically possible or is too difficult (for example a cast on a limb) then a student will **not** be required to change but must still partake in the non physical aspects of the lesson where possible.

Many thanks in anticipation of your support.

Yours faithfully

Mrs R Middlemast Director of Sport