

## Relationships and Sex Education (RSE) Policy

**Approval Date – May 2019**

**Review Date – May 2022**

It is the policy of the governors of Westfield Academy that students are encouraged to make safe, healthy and fulfilling lifestyle choices regarding their own relationships, sexuality and sexual relationships.

### Rationale

It is an entitlement for all students that sex and relationships education is taught in the curriculum and is delivered in subjects such as Science, Personal Development and Social Ethics.

Students are taught about the importance and features of successful human relationships. Students are also taught about human reproduction and encouraged to consider the moral dilemmas presented in both areas. Students learn about the risks associated with unprotected sex and are taught about safe sex and safe sexual health.

Additional support is available through outside agencies including the School Nurse and the Teenage Health Clinic. Support is accessed through referral by Westfield staff or through self-referral. The support offered by these services is confidential and includes counselling about safe sex and, where appropriate, the regulated issuing of contraception.

### Roles and Responsibilities

#### 1.1. The **Governing Body** will:

- Seek the advice of the SLT on this policy, keep it up to date and make it available to parents.
- Ensure that relationships and sex education is provided in a way that encourages students to consider ethical values, the value of family life, and the importance of marriage and other relationships.

#### 1.2. The **Headteacher** will ensure that:

- The Governing Body is advised about the nature and organisation of sex education and how it reflects the aims and values of the school.
- Relationship and sex education is provided in a way that encourages students to consider ethics and the value of family life.
- Schemes of work are agreed, implemented and reviewed regularly and reflect the needs of students at Westfield.
- Parents' wishes to withdraw their child from sex education are met (up until 3 terms before their child turns 16); however parents cannot withdraw their child from relationships or health education. (DfE guidance Feb 2019)

Certain tasks may be delegated to the Assistant Headteacher.

**Staff** are expected to:

- Provide relationship and sex education in accordance with this policy and in a way which encourages students to consider ethical values and the value of family life.
- Participate in training, as required, to provide sex education in line with the school curriculum policy.
- Implement the agreed schemes of work.
- Respond appropriately to those students whose parents wish them to be withdrawn from sex education, and respond to any parental concerns or queries made.

### **Related Documents**

- Appendix 1 – Topics covered by Personal development
- Appendix 2 - refer to DfE guidance February 2019

### **Monitoring**

This policy is monitored by the Governors' Student Matters Sub-Committee.

### **Responsible**

- Assistant Headteacher (Julie Strange)

## **APPENDIX 1**

The following topics will be delivered as part of a planned personal development programme and will be age appropriate from years 7 to 11.

### **Personal Beliefs**

**Language and Ground Rules in Lessons**

**Dealing with Difficult Questions**

**Puberty and Menstruation**

**Contraception**

**IVF, Abortion, Euthanasia and Genetic Engineering**

**Awareness of Breast Cancer/Testicular Cancer**

**Awareness of Sexually Transmitted Infections (STIs)**

**Teaching about all relationships including LGBTQ+**

**Pornography**

**Contextual safeguarding issues**

## **APPENDIX 2**

Department for Education February 2019

[DfE guidance Feb 2019](#)